## Funding AHRQ's Primary Care Research Center

## **Funding Recommendation:**

Request \$5 million for FY2026 for the Center for Primary Care Research at the Agency for Healthcare Research and Quality (AHRQ.) We ask that \$5 million be provided as a line item to the Center for Primary Care Research within AHRQ to help coordinate and direct primary care research funding at AHRQ. The final FY2023 omnibus package included \$2 million in funding for the Center; both the House and Senate LHHS bills included \$5 million. The Senate FY2024 bill included \$2 million for the center. FY 2025 is currently under a continuing resolution.

## Request \$500 million in FY26 appropriations for AHRQ.

**Background:** Basic science and disease-specific research is the historic and current focus of the NIH. Primary care research in contrast has been underfunded within this framework when compared to all other health disciplines. For example, less than 0.5% of NIH funding goes to family medicine researchers, and it is concentrated among a limited number of departments with little funding for new investigators. In comparison, AHRQ supports most primary care research in the US. The Health Care Research and Quality Act of 1999 authorized the Primary Care Research Center within AHRQ to serve as the principal source of funding for primary care practice research in the Department of Health and Human Services. Unfortunately, reduced funding levels of AHRQ in past years have exacerbated the disparities in primary care research.

**Funding the Primary Care Research Center at AHRQ:** For the past few years, Congress has dedicated \$2 million in funding for the Center to its important coordination and dissemination roles. We request that Congress build on this important progress and dedicate funding for the Center for Primary Care Research at AHRQ at \$5 million for FY2026. AHRQ is uniquely positioned to support best primary care clinical and practice research and to help disseminate the research nationwide. There is a need for more clinical and health services primary care research, as well as a need for the development of new primary care researchers.

**Draft Report Language: Center for Primary Care Research**— The Committee supports the new funding line for the Center for Primary Care Research authorized at 42 USC 299b–4(b). This funding should emphasize clinical primary care research as well as strategies to improve primary care delivery and advancing the development of primary care researchers. The Center should help coordinate and direct AHRQ's efforts in research areas such as multiple chronic conditions, symptom syndromes (e.g. long Covid), behavioral and social health integration, telehealth in primary care, shared decision-making, patient experience of care. The areas of focus should include, but not be limited to expanding research on persons with multiple co-morbid conditions, improving primary care in rural and underserved areas, and health equity.

**Two Recent National Studies Support this Funding Request:** In 2020, the <u>RAND Corporation</u> published a report appropriated by Congress and commissioned by AHRQ that assessed federally funded PCR since 2012 regarding gaps and to recommend improvements. The report emphasized the significant role AHRQ plays in PCR. RAND made several recommendations, including to



provide targeted funds to create a proper hub for federal PCR. This is important because PCR is a distinct science that differs from health services research. With \$5 million in dedicated funds for PCR, AHRQ could prioritize and coordinate investments in PCR directly improving the health and wellbeing of Americans. In 2021, The NASEM report on <u>High Quality Primary Care</u> concurs with RAND's assessment on the importance of targeted funding for PCR and recommends prioritization of funding for AHRQ's Center for Primary Care Research.

## **Primary Care Research Includes:**

Types of primary care	Examples of primary care studies
research	
Understanding disease	Would medication assisted treatment for opioid use disorder, delivered
prevention, chronic care	in primary care settings, reduce opioid-related deaths?
management, acute illness	An offer of delayed antibiotics for respiratory infections is acceptable to
treatment, and undifferentiated	patients and associated with little difference in symptom resolution. <sup>1</sup>
symptoms care.	
Understanding how to better	Does offering behavioral health and primary care in the same clinic
organize health care to meet	increase depression treatment?
patient and population needs	Does a resulting increase in depression treatment reduce work
	absenteeism?
Translating science into primary	Can a primary care practice implement childhood obesity reduction?
care practice	Does delivery of a basket of evidence-based treatments in primary care
	for older Americans reduce heart attacks?
Evaluating innovations to	An interactive preventive health record, funded by AHRQ and
provide the best health care to	developed in primary care, increased the uptake of recommended
patients	preventive services. <sup>2</sup>
-	A novel hospital discharge program, funded by AHRQ and developed
	in primary care, reduced readmissions by 22 %, saving \$34 million. <sup>3</sup>

**Why Primary Care Research Matters:** Primary care is essential to a high-functioning healthcare system yet remains chronically underfunded and under-researched. The U.S. will need over 44,000 primary care physicians by 2035and current training systems are not prepared to meet this demand. AHRQ addresses this gap by funding research that enhances patient outcomes, advances practical care solutions, supports rural and high-prevalence areas, and evaluates cost-effective system innovations.<sup>4</sup>

**Real World Impact**: AHRQ-funded programs such as the EvidenceNOW, Building State Capacity aim to improve heart health and reduce disparities in cardiovascular care by helping

<sup>2</sup> Krist AH, Woolf SH, Rothemich SF, Johson RE, Peele JE, Cunningham TD, Longo DR, Bello GA, Matzke GR. Interactive Preventive Health Record to Enhance Delivery of Recommended Care: A Randomized Trial. Annals of Family Medicine. 2012; 10(4): 312-319.

<sup>&</sup>lt;sup>1</sup> Little P, Rumsby K, Kelly J, Watson L, Moore M, Warner G, Fahey T, Williamson I. Information Leaflet and Antibiotic Prescribing Strategies for Acute Lower Respiratory Tract Infection. JAMA. 2005; 293: 3029-3035.

<sup>&</sup>lt;sup>3</sup> Agency for Healthcare Research and Quality. Building Bridges Between Research and Practice. Available at <a href="https://www.ahrq.gov/sites/default/files/wysiwyg/cpi/about/impact/ahrq-works.pdf">https://www.ahrq.gov/sites/default/files/wysiwyg/cpi/about/impact/ahrq-works.pdf</a>.

<sup>&</sup>lt;sup>4</sup>Petterson, S. M., Liaw, W. R., Tran, C., & Bazemore, A. W. (2015). Estimating the residency expansion required to avoid projected primary care physician shortages by 2035. *Annals of family medicine*, *13*(2), 107–114.



primary care practices implement patient-centered outcomes research. Focused on states with high rates of preventable cardiovascular events—Alabama, Ohio, Michigan, and Tennessee—the program supports state-based cooperatives that align clinical, public health, and community resources.<sup>5</sup>

<sup>&</sup>lt;sup>5</sup> Agency for Healthcare Research and Quality, EvidenceNOW Building State. Available at Capacityhttps://www.ahrq.gov/sites/default/files/wysiwyg/evidencenow/building-capacity/EvidenceNOW-BSC-AL-profile.pdf